

# **Intermediate Pickleball Skill Level**

## **FOREHAND:**

Improved stroke development with moderate level of shot control.

## **BACKHAND:**

Learning stroke form and starting to develop consistency but will avoid if possible.

## **SERVE / RETURN:**

Consistently gets serve/return in play with limited ability to control depth.

## **DINK:**

Not always able to consistently sustain a dink rally. Not yet developed the ability to control this shot.

## **3RD SHOT:**

Generally hits a medium paced ball.

## **VOLLEY:**

Is able to volley medium paced shots thereby developing control.

## **STRATEGY:**

Understands fundamentals. Is learning proper court positioning. Knows the fundamental rules and can keep score.

**\*\*If your skill level does not meet this criteria, please sign up for our Pickleball 101 lessons with Kymberly Wilkinson on Saturdays at 9 am in July and August.**

<https://www.wellfleet-ma.gov/recreation>