

Intermediate Pickleball Skill Level

FOREHAND:

Improved stroke development with moderate level of shot control.

BACKHAND:

Learning stroke form and starting to develop consistency but will avoid if possible.

SERVE / RETURN:

Consistently gets serve/return in play with limited ability to control depth.

DINK:

Not always able to consistently sustain a dink rally. Not yet developed the ability to control this shot.

3RD SHOT:

Generally hits a medium paced ball.

VOLLEY:

Is able to volley medium paced shots thereby developing control.

STRATEGY:

Understands fundamentals. Is learning proper court positioning. Knows the fundamental rules and can keep score.

**If your skill level does not meet this criteria, please sign up for our Pickleball 101 lessons with Kymberly Wilkinson on Saturdays at 9 am in July and August.

<https://www.wellfleet-ma.gov/recreation>